

ABSTRACT OF THE DISCLOSURE

An adjustable basketball goal system wherein a basketball goal is mounted to a moveable sleeve slidable a post. A ring is attached to the sleeve and connected to a cable. The cable runs through a pulley at the top of the post, then back through the ring and down to a winch. The winch functions to draw in cable thereby raising the sleeve and the attached goal, to release cable and thereby lower the goal, and to hold the cable in position and thereby fix the position of the goal.